# Sin and Forgiveness

## VIDEO LINK

https://www.youtube.com/watch?time\_continue=2&v=R9yhlvpFvPs

## **GOAL SUMMARY**

The goal for this session is for young people to understand that while we will always have a tendency to sin we are always offered forgiveness!

## VIDEO SUMMARY

This video features Fr. Joseph Espaillat doing a spoken word about sin and forgiveness.

#### **DISCUSSION QUESTIONS**

- 1. Why do you think we sin?
- 2. In what ways do we have a divided heart?
- 3. Do we sometimes have to confess the same things over and over again?
- 4. How does the forgiveness of sins free us?
- 5. How can a sinner become a saint?
- 6. How can you win the battle over sin and death with the help of Jesus and the Saints?

#### SEND

Regardless of how many times we have done something, Christ offers us the forgiveness of sins. He never tires of forgiving us! We are able to overcome sin and death because Christ died for us and has conquered sin. We only have to seek his forgiveness.

#### Let us pray:

Lord, you sent us your son for the forgiveness of our sins. Give us the strength to always seek your forgiveness when we sin. We love you Lord, Amen.